

Nov 17, 2023 | 📅 Sedona Kind 10:00 am

Attendees: 22 members in attendance

General Meeting Minutes

Jawn opened the meeting at 10:01 by welcoming members and reading the mission statement. Jawn also told the story of the founding of SK. She asked how many people were at the first meeting and many raised their hands.

Judy Poe from the Library talked about the column in the RRN paper and how important SK is to the library. She said SK deserved the recognition and that the work SK does warms her heart.

Introduction of new members: Rosemarie and Mara who came to the meeting today because they met Karen and Jawn at the movie and wanted to see what SK was all about.

Jawn introduced the Gratitude heart activity: Each member present received a silver heart to write what they were grateful for in their lives in this Thanksgiving season. As people finished up their sentiments, several members told kindness stories (Jawn, Sheryl, Meri, and LouAnne all shared something that was important to them). Members took turns sharing what they wrote on their hearts. Jawn concluded the activity by saying we have so much to be grateful for and the hearts are for you.

Committee Reports:

Charming: Sandy reported that approximately 130 charms were or will be distributed in various locations in Sedona. 70 charms were hung around Sedona and 44 charms will be hung in the Village today. Charmers received a very positive response to the charms. A wonderful article appeared in the RRN about charming as part of our season of kindness activities.

Operation Special Delivery/Unsung Heroes: Sandy reported that the Sedona Schools bus drivers were nominated. The transportation director received a needle point bus that she hung in her office, prominently displayed. Each bus driver received a card of appreciation and a gift certificate. The drivers were thrilled to be recognized.

Lapgans: Joy reported that every year a group of members have been putting together 5x7 rectangles to make lapgans for area veterans. Veterans at the VA hospital in Prescott will receive 70 lapgans and Veterans at Cottonwood Village will receive 30 lapgans. This project is headed by Marge and Gerri. Linda made the group aware of the veterans in Cottonwood. A big thanks to all the knitters who work tirelessly to make these items for our vets. A sample lapgan was shown.

Vet Blessing Bags: Today Heather and her husband will deliver the Vet Blessing Bags to the local post. When a homeless veteran comes in they receive a blessing bag. At the end of the year when veterans are invited in for showers and a meal, the remaining bags are distributed. Thanks to Heather for heading up this project.

Kitty Comforters: Adi shared her kitty comforters that are given to the Sedona Humane Society. The comforters are given when a cat is adopted. The Humane Society is grateful for the comforters.

Sedona Winds NYE Party: Jawn reported that SK and Sedona Women will partner this year and host a NYE party. SK will be responsible for the music and entertainment. SK needs 5 couples to come to the party and host the seniors. Midnight is at 7pm. Lou Anne said she and her husband would be there. It is an important event,

Elderly and Homebound Committee: Jawn reported that there would be a meeting after the general meeting to finalize details for the Verde Valley Caregivers Holiday Party.

First 9 Years Activity

Karen gave everyone a playing card when they came in. Members were asked to sit with their like numbered cards. Karen gave the projects that SK has been involved with over the last 9 years. Groups were instructed to review the list. After reviewing the list they were to choose the top 3 projects that they Would like to see continue. If there was a way to improve the project, groups were asked to provide those details. Groups could also give ideas for new projects if their discussion went in that direction. If the groups finished early, they were to brainstorm 10 words that best reflect the mission and work of SK.

Groups worked on the task for about 30 minutes. After the group work was completed, each group was asked to share one thing from their list that they would like to see SK work on in the future. What was reported out by the groups:

1. Do something for the local hospice group. SK worked with them in the past and we would like to see that partnership rekindled.
2. Operation Special Delivery could be the umbrella for all potential projects. We were reminded that the focus has been on pets, vets and kids
3. **Verde Valley Sanctuary Partnership. What do they need that we can potentially provide?
4. **Manzanita Outreach - is there something SK can do to help with the school supply program?
5. Work with the Arizona Crisis team to see if there is anything they need that SK can support.

** There were several repeat items that were not separately listed.

Karen will take all of the suggestions and type them up to be shared at the January planning meeting.

Donate Blood: Our meeting concluded with Joy sharing the Blood donation video that her daughter worked on. This was in conjunction with the Kindness Story she wrote for the November newsletter.

[Blood Donor Video](#)

Jawn concluded the meeting with the kindness quote: “Let gratitude be the pillow on which you say your nightly prayer.”

Jawn introduced Marilyn who gathered all who were staying to help sort hats. Marilyn gave us background and directions. Jawn gathered her committee in the small meeting room.

Meeting adjourned at 11:35

Respectfully Submitted by Karen Bare 11/22/2023